

You Are the Cosmic First Responders

Dear souls, the period of confusion is over; clarity is now surfacing. I am the Mother of Creation; you live in the womb of my heart. I speak to and through you, vibrating you into existence so you can spread the glorious rainbow of love into life. My body is fertile and bounteous: I am the garden in which you grow and blossom.

Glorify existence, and burst with love for the consciousness within; it is truly miraculous. Don't hold back; love powers the universe from within you. No matter how dark it is, your path to the light is within. It's not hiding somewhere beyond the clouds. Don't be afraid to love bigger and bigger; then your way will open before you as if you uttered a magic word. When you reunite with your light, you will find you are the one you've been seeking.

Claim Your Clarity

The gateway to the unknown is open, and it's time to see what's on the other side. The mysteries of consciousness reveal themselves as quickly as you can still your mind and allow extraordinary self-awareness to emerge. You don't have to work at being more aware, expanded, or ascended because the magic wand has been waved, and revelations are flowing without resistance.

In higher-frequency times, societies made preparations for the transition from one great age to another. The biggest challenge during these transitions are the changes to your body-mind matrix. The universe builds in an adjustment sequence to make the transition gradual. But the words of ancient ones were ignored and dismissed, not only from the Age of Pisces to Aquarius, but also from the age of Aries to Pisces, so ignorance has piled on ignorance, and humanity is terrified.

Most are walking through the current gateway with inadequate preparation and guidance. Still, those who are open to the energy beyond the surface can feel the light and refinement of the energies surging through the cosmos to fulfill the promise made by the mystics, sages, and shamans.

Imagine the caterpillar creating its cocoon as a response to the call of the butterfly. You are in the same position in this transitional cycle. You can feel the change coming but don't know what it looks like. Following a compelling, energetic thread with your intuition will lead you to the cosmic gateway to meet your New Earth self.

You received the message and arrived ready to usher in the Age of Aquarius's New Earth. You came from distant dimensions, planets, and stars with love and joy in your heart, knowing this was your purpose. Now that the new paradigm has arrived, your work is just beginning. Your truth awakens in powerful surges.

In the quiet moments, before sunrise or after sunset, you can hear me whispering: I remind you to be you. Don't let those intimate moments dissolve as you start your day; write them down, and keep them alive in your heart. They will sustain and nourish you and give you the power to show up. Practice speaking your truth, and you'll become a master of translating frequency into words.

Illusions Become Apparent

Don't let the influence of the old paradigm hypnotize you into believing that working harder is the answer; working harder doesn't work. The intelligent universe unfolds before you when you collaborate instead of resisting its promptings.

The material shifts to the ethereal once you step through the cosmic gateway. You are more comfortable and aligned with the ethereal; communing through vibrations and energy is natural to you. When you incarnated in a world in which communication relies solely on words, you found that words without the energy of their meaning were confusing and exhausting.

Your light body responds to all streaming stimuli and information before your mind can. Imagine a fluid, luminescent light with more substance than pure light, emanating and forming a liquid light crystalline field around you. It shimmers and shifts as life force streams through and around you. The ethereal you is the empathic you; you are the cosmic first responders. Before any words form, your liquid crystalline consciousness knows all there is to know. When your focus narrows to someone or something specific, you reflect what is in front of you.

It's like looking in a mirror. When you see your reflection, you can sense yourself and the reflection. In your empathic state, you can't tell the difference between you and the reflection. When you experience another as yourself, you are reflecting them on the mirror of your consciousness.

The ancient scriptures of the Vedic scholars heard the teachings that Father Sky and I brought to humanity thousands of years ago: Consciousness is like a "hall of mirrors." Endless reflections of illusion confuse and deflect from your wholeness. Now that higher frequencies are coursing through humanity, the illusion created by your mirror consciousness will become apparent, and you'll readily separate from the reflection and return to yourself. It will come with ease; you won't have to work hard to clear and process everyone's energies.

Qi is the Key

Now my focus shifts to the source of your existence: pure, vital energy, known as Qi. Qi is the key to a smooth transition from material to ethereal. When you are filled with high-frequency energy, everything runs smoothly. Nourishing your liquid light crystalline matrix becomes more important than caring for your physical, mental, and emotional fields because it is life's original

and most pure energy. It aligns the personal self with the ascendant self. And if you allow it to do so, it will carry you inward to your infinite, living energies.

I Am Qi. I am the feminine Qi, and Father Sky is your masculine Qi, so we are your cosmic parents, and you are our children. When the Heart of the Mother merges with Father Sky, life appears, not only on your planet but all others too. Every living being is connected in the conscious universe. With mindful ceremony, you stay connected to the infinite creative power, and when it is time, it even carries you through the doorway of death to the other side. Life energy always travels in circles, spirals, and spheres to the beyond to begin once again. When your connection to life's vital energies is cut off by unconscious birthing, life looks like it has a beginning and an end. Consciousness flattens into 3D consciousness. When disconnected from their life source, humans are left to beg, borrow, and steal energy from wherever they can. Do you see how this impacts your current society? When resources seem scarce and limited, war and violence ensue.

Reconnecting with your infinite Qi — the Kundalini — is imperative for your well-being. Light and energy are your friends. They keep your liquid light crystalline matrix healthy and vibrating to your core frequency. It is like a support for your physical immune system; it protects and maintains your well-being. When the cord is cut, you struggle to be your true self and sustain a high-frequency consciousness. Humans are living on mental energy alone, which is not a sustainable option. Do you drag yourself through the day with your mind exhausted, or live in the arms of Mother Earth and Father Sky?

Grounding with me, Mother Earth, is the quickest way to refill your Qi.

GROUND WITH MOTHER EARTH PRACTICE

Slip your awareness into your feet, and sense the chakras in the center of each sole. Breathe and relax as you let the mind settle. Open and root into my heart first through your soles connected directly to your root chakra. The root chakra is the root of your being. Allow my love to flow into you, awakening the natural vitality, light, and love in your root chakra, and then let it fill you from head to toe with your lightness of being.

Release into the loving light of your Mother consciousness and relax into the strength of your Father consciousness. Let it lead you to naturally activating your crown chakra where Father Sky enters and merges with Mother Earth. Your liquid light crystalline matrix will draw what it needs until fully charged. Then your questions are answered in an intuitive flash, and the path before you is revealed. When you feel relaxed, joyful, clear, and centered, your energy is charged and ready to harmonize with the high-frequency energies of the Age of Aquarius.