

Beyond Polarity Consciousness: Love in 5D

Streaming from my heart is a waterfall of light flowing as the Milky Way into your world. Follow its path back, like steppingstones through the stars, to your star nation. Today I appeared to Sarah as shimmering aqua and pink lights like your Northern Lights descending in silky waves from heaven to earth. The lights carry a message from The Heavenly Being, a group light consciousness that speaks in a prophetic voice to help guide humanity. They are my children, too, just like you, and my heart fills with joy to bring them into this conversation. They anchor the frequency of heaven on earth and share wisdom about Love in the Age of Aquarius, the fifth dimension.

Greetings from The Heavenly Being

We, The Heavenly Being, are keepers of the message: *Love is Life*. We live in the galactic center and broadcast this frequency throughout the cosmos. We will keep sending the same message over and over until heaven and earth merge as one.

Like everything else in the material world, Love is reduced to a commodity, an object subject to ownership and manipulation. The most significant environmental crisis is the lack of transcendent Love. Demoting Love to a transaction creates toxic relationships and sends you on an endless search for that special spark that lights up the world. You expect to find it in others instead of yourself; believe it exists in limited quantities. But that is changing now and we are happy to help anchor a higher frequency of Love in the New Earth.

Reset By the Eternal You

As the earth revolves and evolves her children grow too. Pivotal moments exist to thrust you into a new vibrational space. The shift of the ages is one of those life-changing times. As one age dissolves and another begins, your identity, as you know it, dissolves and reconfigures in resonance with the new frequencies of the coming age. The familiar identity drops away, and everything about you is different. Your body, thoughts, and feelings change to reflect the frequency of the Aquarian Age's higher, lighter consciousness. It will enable your higher being to become your everyday being. Yes, it is a huge adjustment and why your world is in a state of

chaos and confusion; everything is changing from your pinky to your brain, from your sense of an individual seeking God to knowing yourself as God.

In the still moment when the old identity dissolves and the new one emerges, a portal to eternity opens. Your soul drinks from Source and readies itself for the next journey. It's the end of one life and the beginning of another within the same lifetime. Be ready to experience your eternal nature in this momentous shift.

Progressing Along the Spiral of Life

Love is the enchantress, the portal to immortality. She is cloaked in many disguises and creates countless dramas, but in the end, she is the one who carries you over the finish line. You will begin to know Love in a new way, as a state of being. The evolved love lives as a frequency in your higher being, held there until you can begin to live it. Your higher being is a repository of all wisdom, keeping it alive until you can access it. As Love takes up her entire space and place in the world, your body and mind will resonate with her as her heart becomes your heart. Humanity evolves by resonating with higher frequency beings; it's cosmic mentoring! Your physical vehicle will change; yes, physical adaptations will occur as Love has her way with you. Your senses are becoming more refined and aware of many more dimensions of your being. No longer "just physical," you have access to the mysteries that lie beyond the material and enter the community of non-terrestrial, non-physical beings that populate the universe. More people will see the light around the body instead of just the dense physical as you progress along the spiral of life.

Your Ancestors Are Not Who You Think They Are

You assume so much about your ancestors, that they think and feel as you do, so let's expand your knowledge. What if there were times when higher consciousness beings lived on your planet; those who vibrated to the entire spectrum of the living universe instead of just a narrow bandwidth. Can we allow for more evolved, heart centered, humans who instead of sitting by a fire trying to avoid the cold, (as you imagine) had a different experience? They may have been held by the fire, living as the fire, knowing themselves as the fire in an alternate world that doesn't look or act like the world we know. The skeleton or lasting footprint you see does not imply the same consciousness as yours. Understanding this allows for many possible futures.

What if energy is the first experience and not the last? What if your community expanded to include non-physical beings too? Love is leading us in this direction.

Standing at the 5D Doorway

As an empath, you have a reference point for this type of shift. Love has already led you to the 5D doorway. You see the world as energy first and then physical. You are standing at the doorway of 5D now; you don't have far to go! Your ability to respond and resonate to frequency and vibration defines you as a 5D being. You are already living the wisdom of your higher being; let it take over and expand you fully.

Hints of 5D Love

Human awareness is growing towards a more evolved expression of Love. Your youth is moving quickly away from a purely physical to a more fluid, less physical world. You see it in its infancy, not fully articulated, but trying to follow the calling of the future. Let us inspire you to break free of the past and enter the new domain of Love.

What will love look like in 5D? You can't see that far into the future yet, but here are some hints.

Know Yourself as The Flow of Love

Love flows like a river from the eternal through you and back, and it is the all-pervading Source of creation. Step into the river of Love and let it bring you into harmony with your soul. Love, wisdom, and beauty flow together to become one stream illuminating life's mysteries and raising the overall frequency of all relationships.

Share Love Instead of Seeking Love

Love is a shared experience of two hearts resonating in harmony and bliss. In 5D you share Love, not seek it. Enjoying the flow together, each immersed in the greater field of Love, is a 5D experience, and the subconscious is not lurking beneath the surface, distorting the pure connection. Similar to the stirring brought on by a higher force when listening to music together or sharing an inspirational moment, you merge as one in an uplifting field more extraordinary than the two of you.

From the 3D perspective, you wonder: *how will I know who is the one?* Immersed in the flow, Love and Wisdom merge as a higher intelligence guiding your choices. There is no need to play games or manipulate when life is telepathic and transparent.

From Toxic to Healthy Love

As 5D consciousness spreads throughout humanity, you will realize that your existence proves the power of Love. And this is just the beginning. Polarities will fall away to form mergers—then you'll understand why you have such a strong desire to merge with everyone. This powerful instinct has a higher purpose and comes from deep within your soul—it arises from the 5D surge towards unity. There is a world beyond polarity and separation, where Love leads to divine union. Embrace your urge to merge as a cosmic imperative. Let it guide you in a new direction where you merge with the Love within first. The external world will no longer be external in 5D, for when polarity consciousness dissolves, there is no in and out, up and down, or right and wrong; it's a whole new world where I'm sure you'll feel right at home.

I Am the Heart of the Mother with The Heavenly Being

Sarah. The frequencies of The Heart of the Mother and The Heavenly Being create the space for their wisdom to become our reality.

We can sense the new age, the new earth forming beneath our feet. It's already vibrationally here and palpable to many of us. The Heavenly Being gives us hints of how Love will evolve into a higher frequency state, even beyond what the mystics so ecstatically describe. We are receiving help to suspend 3D beliefs about Love and expand beyond what we think we know. In quiet moments give space for the unknown to become the known; that's all we are asked to do. That's all we can do.

It seems scary to release control in the middle of chaos, to allow 5D intelligence to flow in the last remnants of a 3D world, but see if it works for you. Shed 3D like a snake sheds its skin; the new skin is right there, taking up where the old one left off.

When you are in the flow of Love, the present keeps unfolding, suspended on the bedrock of the eternal. You won't fall through the cracks. The Heart of the Mother tells us that Love forms the

structure of life. How else does a cell know to become two or two lovers know to become One? Don't expect others to understand; if they do, that's fine, but let the 5D you shine for your sake and no one else's. It sounds selfish, but since when is being radiant selfish?